



Alina Gregory

2025 Diversity Leadership

“OUR COMMUNITY IS
STRENGTHENED BY
GROWING DIVERSITY, AND
YOU ARE HELPING LEAD THE
WAY TOWARD A MORE
INCLUSIVE FUTURE”

CLARINGTON MAYOR ADRIAN FOSTER.

Future Changemaker

Alina Gregory has made it her priority to create safe spaces for women and 2SLGBTQAI+ youth through school events, care packages for Bethesda House, and community outreach.

Her passion for volunteering was fostered through a variety of Girl Guide community engagements with youth, women and seniors. From these experiences, Alina developed a keen interest to better understand and help those combating the harmful effects of persistent economic and gender inequities, including gender-based violence, homelessness, discrimination and exclusion of 2SLGBTQIA+ and other marginalized groups.

Alina was recently recognized for outstanding leadership in advancing diversity, inclusion, anti-racism and accessibility in her school Courtice Secondary, and in the community, receiving the 2025 Diversity Leadership Bursary from the Municipality of Clarington.

Alina will carry her inclusive mindset forward as she begins her academic studies in Kinesiology at Trent University this fall. Witnessing the power of creating a safe and trusting space for healing and recovery during a physiotherapy placement, Alina recognized how work and health contribute to one's overall quality of life. She is excited to further pursue a career in occupational therapy and the opportunity to empower persons in all their diversity to bring their whole authentic self to their work and personal well-being.

The future is in good hands with this inclusive community minded advocate. This evening, we honour Alina for making her mark as a change maker committed to actively living her vision for an inclusive and equitable future where all can thrive.

Women
Offering
Resources and
Knowledge

**Women's
W.O.R.K.**

